

Lori L. Malkoff, MD, MPH

LoriMalkoff@gmail.com

www.TheFeldenkraisCenter.com

Education

- December 2002 **Master of Public Health**
Graduate School of Public Health/San Diego State University
Thesis: Bone Mineral Densities of Sedentary Latinas after Gestational Diabetes Mellitus
- June 1986 Resident in **Family Medicine**
University of California Los Angeles
- June 1985 **Doctor of Medicine**
University of California Irvine
- June 1980 **Bachelor of Science** in Biological Sciences
(Cum laude)
University of California Irvine
Phi Beta Kappa Honor Society

Professional Licensure

California Medical Board
Physician and Surgeon License #G57705
Active 1986-**2007**

Professional Certification

Protection of Human Research Subjects

University of California San Diego
Certified IRB and HIPAA 2001

Health and Fitness Instructor

American College of Sports Medicine
Certified 1991

Basic Cardiac Life Support

American Heart Association BLS for Healthcare Providers
Certified 1982

Clinical Experience

1998-present **Medical Director-The Feldenkrais Center of San Diego**
Lori L. Malkoff, MD, MPH

Own and administrate an alternative-to-medicine, Feldenkrais Method practice, with an emphasis on chronic pain care. Daily responsibilities include direct care, education, practice management, and practice marketing.

1989-2007 **Family Medicine private practice**
Lori L. Malkoff, MD

Owned and administrated a Family Medicine practice, with an emphasis on generational/whole family care. Daily responsibilities included health care delivery, education, practice management, and practice marketing.

1986-1989 **Chief Medical Officer**
Palm Springs Medical Center Emergency Room
Huntington Beach Urgent Care
Pacific Beach Urgent Care

Patient care and medical staff supervision (PA's, NP's, RN's, MA's, laboratory/radiology technicians) in routine, urgent, and emergent medical care.

Professional Development

Introductory Yoga and Pilates
Synergy Systems, Encinitas
Summer 2000

Feldenkrais Professional Teacher Training Program
Feldenkrais Southern California
March 1995 thru October 1998

CranioSacral Therapy I
Upledger Institute
February 1997

Muscle Balance and Function Development
Geoff Gluckman, M.S., San Diego, CA
Summer 1993

The Egoscue Method
T.H.E. Clinic, Del Mar, CA
July 1991 thru August 1992

Investigational and Research Experience

5/02-6/03

Senior Research Associate

Center for Behavioral Epidemiology and Community Health
Graduate School of Public Health/San Diego State University

- **GRANT WRITING AND PUBLICATION**

Assisted with NIH-funded grant proposal writing (Cuidate, Familia Sana); reviewed and revised manuscripts per “pink sheets” from NIH reviewers; performed literature reviews; prepared manuscripts for peer-reviewed publication

- **CLINICAL TRIALS ADMINISTRATION**

Assisted in research study design, and primary and secondary data collection; prepared initial and renewal IRB documents for exempt and non-exempt research studies; performed study participant consent and testing; responsible for data entry and basic statistical analyses

- **OTHER RESPONSIBILITIES**

Co-production (with Dr. Mary M. Mulvihill) of a comprehensive review of the literature of culturally-sensitive physical activity interventions for Latinos, commissioned by the Robert Wood Johnson Foundation

12/02-3/03

Research Associate III

Institute for Public Health

Graduate School of Public Health/San Diego State University

- **PROGRAM DEVELOPMENT AND RESEARCH**

Implement deliverable-based contracts with governmental and community-based organizations; respond to Requests for Proposals (RFPs) from Grantors; design, conduct, and prepare formal reports of qualitative (focus groups, ethnography, key informant interviews) and quantitative (hypothesis-driven) research studies

- **PROGRAM EVALUATION**

Design and formal reporting of Federal, State, and local Public Health programs using formative, summative, outcome and process evaluation formats

- **MENTORING** of graduate students

Academics and Instruction

Adjunct Faculty

Schools of Education and Psychology/National University, San Diego

- **Health Education across the Curriculum: HED 502**

Development and delivery of **on-ground** and **on-line** Health Education credential-clearing course for **multiple- and single-credential K-12 teachers** and candidates. Course reviews the prevention of violence and injuries, child abuse, suicide, drug and tobacco abuse, pregnancy, chronic and communicable diseases, nutritional disorders, and physical inactivity. Critical family, social, and relationship skills are reviewed and practiced (e.g. conflict resolution, teamwork, open/honest communication, anger management).

- **Research in Education: IL 680**

Development and delivery of **on-ground** 8-week course in educational research methodology, designed to provide the skills necessary to plan and complete a thesis for **the Master of Science degree**. IL 680 reviews the Scientific Method, Koch's postulates/causality, study validity and reliability, methods in quality literature review, study design, sampling methods, statistical analyses, measurement instruments and methods, and IRB purpose and requirements. Formal instruction in the functional use of library resources for educational research is provided.

- **Psychology for Managers: PSY 401**

Development and delivery of **on-ground** 4-week course in organizational psychology. Provide instruction in effective leadership skills, and provide practical application of communication, motivation, discipline, assessment, and team building skills leading to a **Bachelor of Arts degree in Psychology**.

- **Introduction to Psychology: PSY 100**

Development and delivery of an **on-ground** 4-week survey course in psychology covering the basics of human behavior leading to a **Bachelor of Arts degree in Psychology**.

Instructor

College of Health and Human Services/San Diego State University

- **Health Education for Teachers: HHS 296**

Development and delivery of an on-ground (**e-enhanced BlackBoard**) health education credential-clearing course for **multiple and single credential K-12 teachers** and candidates. HHS 296 demonstrates to candidates how to implement health topics into the general curriculum.

Course Development

Argosy University

- **Health Outcomes and Behaviors: HM 6070**

Development of an on-line course for **the Master of Health Management** program, demonstrating how to assess health care outcomes, develop and assess integrated delivery systems, perform risk adjustments and design performance analysis. This course also introduces health status indicators, health behavior evaluation and change techniques, and current best practices and practice patterns in health care.

- **History and Foundations of Public Health: PH 6010**

Development of an on-line course for **the Master of Public Health** program, demonstrating the historical, ecological, legal, and structural aspects of the American public health system. The course also introduces Healthy People 2010, risk factors and other epidemiologic concepts, public health interventions, and the US government's organization of public health.

Faculty Assistant

South University

- **Public Health Organization and Management: MHC 6302**

Assist in the delivery of an on-line ([E-College](#)) course for **the Master of Health Care Administration** program, demonstrating how to articulate the social causes and consequences of disease, how to choose and utilize determinants, outcomes, and measures of health and disease, to describe the design and function of Public health organizations, to evaluate research studies on public health issues, and to describe the organization and function of Federal and State Emergency and Disaster Management agencies.

Lecturer

Graduate School of Public Health/San Diego State University

- **Behavioral Medicine: PH 762**
- **Health Promotion Program Planning/Assessment: PH 666**

Technology Competencies

- [Computer Databases](#): Medline/PubMed, CINAHL, ERIC, PsycInfo, Popline, Embase, Cochrane Library, SPORT Discus, Dissertation Abstracts
- [Statistical analysis software](#): SPSS
- [Instructional technology platforms](#): Blackboard; E-College
- [Other software](#): Microsoft *Windows*; Microsoft *Office Suite* (Word, Excel, PowerPoint, Outlook); *Just Claims* billing software; *Paradox*

Database for Windows; *Reference Manager* literature search and sort software

Special Abilities

Puedo leer, escribir, y hablar **Español**

Grants Awarded

September 2001	State University Grant San Diego State University \$1506
September 2002	State University Grant San Diego State University \$1130
September 2002	Graduate Equity Grant San Diego State University \$750
September 2022	San Diego Microbusiness Grant City of San Diego \$1200

Publications

Malkoff, L. (2002, December). **Bone mineral densities of sedentary latinās after gestational diabetes mellitus**. Master's Thesis. Graduate School of Public Health, SDSU.

Malkoff, L. (2011, Autumn). **What is the Feldenkrais Method?** *Embody*. pp 10-13.

Malkoff, L. (2013, Summer). **Find the Feldenkrais Method and Play Forever**. *SenseAbility*. p 8.

Accolades

Strada, J. **Surf's Up! And Look Whose Hangin' Ten**. *San Diego Magazine*. 1996. Archived, from <http://www.sandiegomagazine.com/media/San-Diego-Magazine/August-1996/Surfs-Up-And-Look-Whos-Hangin-10/>